



## Antenatal classes

**Antenatal classes are a useful source of information for first time couples and also couples who have not had a child for a while. If you have recently had a baby and do not need antenatal classes, it is always a good idea to at least have a tour of the hospital where you are to deliver, especially if you have not delivered there before. Antenatal classes can be booked at the time when you book your delivery with your private maternity hospital.**

**Mater Mother's Private Hospital: 3163 8847**

**The Wesley Private Hospital: 3232 7305**

At the Mater Mother's Private Hospital there is also another option, and that is to have private antenatal classes with a registered midwife, Leisha Trevillien, 0421 649198, [leishtrev@optusnet.com.au](mailto:leishtrev@optusnet.com.au)

Antenatal classes are given by midwives who have many years' experience. There is a lot of information to digest at these classes and some women prefer to have the classes spread out over a number of weeks. Others, especially career women, prefer to have their classes done in one day.

Classes generally cover normal labour and delivery, abnormal labour, forceps or vacuum delivery, Caesarean delivery, breast feeding and the first few weeks at home with a new baby. Other things included are a hospital tour and information regarding parking around the hospital.



If you have any further questions regarding antenatal classes please contact us on: [info@ghealth.com.au](mailto:info@ghealth.com.au)

**We are more than happy to help you with your enquiry.**